Name of the Teacher: Kamlesh singh Class: B.Sc. Home science 5 the semester

**Lesson Plan**

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| **S No** | **Period** | **Topics to be Covered** | **Academic Activity to be Organized** |
|  | **17-31 July 2017** | **Principles of diet therapy** | **Group discussion** |
|  | **01-31 Aug 2017** | **Adaptation of normal diet to light,soft full fluid ,clear fluid and bland diet**  **Causes symptoms and dietary modification of diarrhoea** | **Assignment**  **Pidilite workshop & class test** |
|  | **01-30 Sept 2017** | **Causes symptoms and dietary modification of peptic ulcer and fever** | **Celebration of national nutrition week & group discussion** |
|  | **01-31 Oct 2017** | **Dietary modification and surgical conditions**  **Obesity,under weight and over weight** | **Workshop on microwave cooking , assignment& class test** |
|  | **01-13 Nov 2017** | **Liver disorders**  **Gout and revision of whole course** | **Group discussion and class tests** |

**Topics of Assignments/ Class Tests to be given to the Students:**

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| **Assignment 1** | **Principles of diet therapy** |
| **Assignment 2** | **Liver disorders** |
| **Class Test** | **Principles of diet therapy** |