Name of the Teacher: Kamlesh singh Class: B.Sc. H.Sc. 3rd semester

**Lesson Plan**

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| **S No** | **Period** | **Topics to be Covered** | **Academic Activity to be Organized** |
|  | **17-31 July 2017** | **Meal planning** | **Group discussion** |
|  | **01-31 Aug 2017** | **Nutritional in infancy and nutrition for pre school** | **Class test****Pidilite work shop** |
|  | **01-30 Sept 2017** | **Nutrition for adults & old age** | **Celebration of national nutrition week & assignment** |
|  | **01-31 Oct 2017** | **Nutrition during pregnancy and lactation** | **Group discussion And workshop on microwave cooking** |
|  | **01-13 Nov 2017** | **Revision of whole course** | **Group discussion & class tests** |

**Topics of Assignments/ Class Tests to be given to the Students:**

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| **Assignment 1** | **Meal planning** |
| **Assignment 2** | **Preparation of model related to nutrition** |
| **Class Test** | **Meal management** |