Name of the Teacher: kamlesh singh Class: B.Sc. Home science 1st semester

**Lesson Plan**

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| **S No** | **Period** | **Topics to be Covered** | **Academic Activity to be Organized** |
|  | **17-31 July 2017** | **Food definition,classification & functions** | **Group discussion & assignment** |
|  | **01-31 Aug 2017** | **Improving nutritional quality of foods: germination ,furmentation,suplimentation,fortification&enrichment** | **Class test & pidilite workshop** |
|  | **01-30 Sept 2017** | **Different methods of cooking** | **Celebration of national nutrition week,group discussion & assignment** |
|  | **01-31 Oct 2017** | **Nutritional composition of various food group** | **Group discussion & class tests** |
|  | **01-13 Nov 2017** | **Revision of whole course** | **Tests & discussions** |

**Topics of Assignments/ Class Tests to be given to the Students:**

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| **Assignment 1** | **Definition,classification & functions of food** |
| **Assignment 2** | **Various methods of cooking** |
| **Class Test** | **Classification& functions of food** |